



Producing Action: Intro to Movie Stunts and Safety.





A main purpose
of movie stunts:

Movie trailer
marketing!



Welcome aboard!

Who is IAN MAX EYRE?





HI! I'M **Ian Max Eyre**

Making movies since 1990

Joined SAG Stunts in 1993

Screenwriting since 1997





Ian Max Eyre

Stunt Coordinator

Action Designer





How to become a **Stunt Coordinator:**



Perform Stunts
Ian's STUNT
PERFORMING REEL





How to become a Action Designer:



Coordinate stunts Ian's STUNT COORDINATOR REEL





How to become a Action Director:

◆

Direct action scenes

Ian's ACTION
SHORTS



THE PLAN FOR TODAY



01

02

03

SAFETY

STUNTS

ACTION



An overview of movie action needs

Intro to Stunts in Production



- Why are Stunts not taught in film school?
- The importance of action - no translation needed.
- Fears & misconceptions about stunts
 - Levels of fear and risk
 - Daredevilry vs. calculated risks
 - Trust your experts and department heads
- Audience perception, physical vs. virtual threats
- Story beats in an action or fight scene
- Science and Art!
- Action is Reaction, just like acting is reacting

Breaking Down a Script for Stunts and Safety



SAFETY

- Identifying stunt-heavy scenes
- Understanding stunt logistics: planning, rehearsals, and execution
- Working with a stunt coordinator vs. self-coordinating
- Determining the complexity and feasibility of action sequences a.k.a. budget logistics
- Any action with children or animals
- Any action with water or fire
- Heights over 6' off the ground
- Insurance: turning risk into a mathematical formula



Permits & Legal Requirements

- Location permits and fees
- City regulations and fire safety requirements (FSO vs. FSA) to determine water truck and fire extinguisher requirements
- Pyrotechnic permits and regulations - per city
- Insurance requirements: liability, workers' compensation, stunt riders
- SAG-AFTRA performers [SAFETY BULLETINS](#)
- Motion Picture and TV [SAFETY BULLETINS](#)
- TV & Feature Production [SAFETY MANUAL](#)
- [Injury and Illness Prevention Program \(IIPP\)](#)
- Per State [employment rules](#) - no 1099 workers

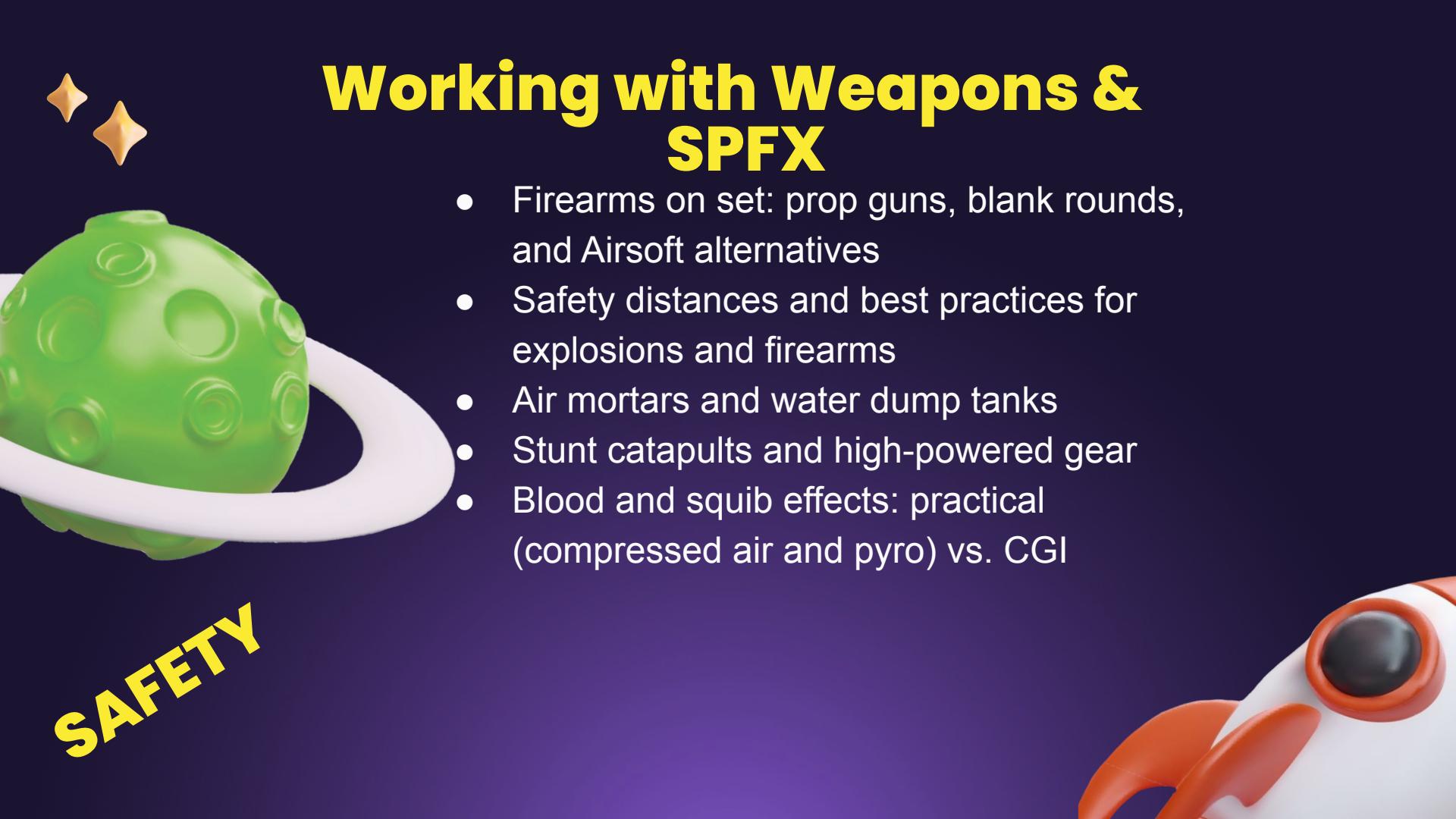
SAFETY



Safety Protocols on Set

SAFETY

- Role of the 1st AD and stunt coordinator in safety
 - a. Precedent set after Twilight Zone deaths
- Conducting safety meetings before stunt sequences
- Union Safety Addendums/Bulletins.
- Medical personnel and emergency preparedness
- Importance of rehearsals and controlled environments
- Risks that increase with time constraints and rushing
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Working with Weapons & SPFX

- Firearms on set: prop guns, blank rounds, and Airsoft alternatives
- Safety distances and best practices for explosions and firearms
- Air mortars and water dump tanks
- Stunt catapults and high-powered gear
- Blood and squib effects: practical (compressed air and pyro) vs. CGI

SAFETY

STUNTS



Call Sheets & Stunt Coordination



- Properly listing stunts on a call sheet
 - a. Stunts are SAG-AFTRA performers
 - b. How to number stunt coordinator, stunt doubles, stunt riggers & ND stunts
- Stunt performer vs. principal actor involvement
- Scheduling stunt rehearsals
- Allowing time to prep and rehearse stunts in advance and on set

Budgeting for Stunts

- Allocating funds for stunt safety and coordination
- Understanding hazard pay and stunt adjustments
 - a. SAG-AFTRA day rate is 8 hrs
 - b. Stunt Adjustments add into hourly rate
- Managing overtime and payroll for stunt professionals
- Cost-effective stunt planning
- The importance of rehearsals for muscle memory
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STUNTS



Stunt Execution: Types and Best Practices



STUNTS

- Fight choreography and safe distances
- Working with glass: tempered vs. breakaway
- Fire stunts: suits, extinguishers, and fuel handling
- Trampolines and air ramps
- Flying and rigging: harnesses, winches, ratchets, catapults and descenders
- Explosions and pyro effects: ensuring safety and realism

STUNTS



Choreography, Rehearsals and Training

- Muscle memory, coordination, balance and sleep
- Demonstration of a movie punch
 - Cameras are 2D, close one eye
 - Angle of punch and reaction
 - Power of punch and reaction
 - Playback to critique connection
- Acting is Reacting, Action is Reaction
- Drills you can do at home
- [YouTube stunt fight tutorials](#)

Camera Techniques

ACTION

- Maximizing impact with camera placement
- Using camera angles and lenses to enhance motion and increase safety
- Shooting slow-motion and high-speed sequences
- Editing action scenes for pacing and intensity
- Search YouTube for how-to and BTS videos
 - a.
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DIRECTING ACTION



- Story beats
- Previz
- Storyboards
- Blocking
- Camera
- Editing
- VFX
- Wire removal
- Face replacement
- Artificial Intelligence

THE PLAN FOR TODAY

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SAFETY

Free
Consulting

STUNTS

\$49 script
breakdown

ACTION

\$499 scene
design

FULL REFUND IF HIRED



TRIPLE DARE STUNTS, LLC

WWW.TRIPLEDARESTUNTS.COM



Until next time!

Email for a copy of these slides,
and a future eBook, or to consult

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Credits on [IMDb.com](#)
Reels, headshot and resume at
TripleDareStunts.com

